

SHOPPING LIST

MONDAY

- [Marcus Wareing's Pork Chops](#)

TUESDAY

- [Xinjiang Lamb](#)

WEDNESDAY

- [Chilli Con Carne](#)

THURSDAY

- [Veal Schnitzel Bake](#)

FRIDAY

- [Thai Fish Curry](#)

SWEET TREAT

- [Chocolate and Pistachio Brownies](#)

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MEAT

FRUIT & VEGE

DAIRY

PANTRY

FROZEN

OTHER

